

Women's Sexual Enrichment & Educational Group



Join us! Call to reserve a spot!

Are you a self identified woman looking for a safe space to learn more about your sexuality? Are you wanting to enrich your sex life? If so, please join Lily A. Zehner and up to 5 other women to do just that.

Lily A. Zehner, MA, MFT-C is a therapist who specializes in sex, intimacy & relationships. She is currently finishing her PhD in Human Sexuality. Visit authenticintimacycenter.com.

Below are the topics that will be covered in the 8 week group with the first and last group reserved for getting to know one another and closing the group:

- Self Pleasure & Masturbation
- Sexual Strategies for Busy Lives
- Body Image & Sexuality
- Consent & Boundary Setting
- Defining your Sexuality
- Aging & Sexuality

When: September 10- October 29
*Wednesdays

Time: 7:00-8:30pm

Place: 3000 Youngfield St. Suite #390
Wheat Ridge, Colorado 80215

Price: \$300 = \$38/group

970.414.0954